

**TCTR ID : TCTR20210511001**

**Overall Recruitment Status : Completed (Has Results)**

**OTHER ID :**

**Retrospective registration**  
**This protocol was registered after enrollment of the first participant.**

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**Tracking Information**

First Submitted Date : 10 May 2021  
First Posted Date : 11 May 2021  
Last Update Posted Date : 22 March 2024

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**Title**

Public Title : Effect of Visual Cue Device to Gait Speed in Parkinsonism with Freezing of Gait  
Acronym : No Data  
Scientific Title : Effect of Visual Cue Device to Gait Speed in Parkinsonism with Freezing of Gait  
Sponsor ID/ IRB ID/ EC ID : EC 616  
Registration Site : Thai Clinical Trials Registry  
URL : <https://www.thaiclinicaltrials.org/show/TCTR20210511001>  
Secondary ID : No Secondary ID

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**Ethics Review**

1. Board Approval : Submitted, approved  
Approval Number : COA. MURA2020/702  
Date of Approval : 25 April 2020  
Board Name : Human Research Ethics Committee  
Board Affiliation : Faculty of Medicine Ramathibodi Hospital, Mahidol University  
Board Contact : Business Phone : 6602012175 Ext. No Data  
Business Email : raec.mahidol@gmail.com  
Business Address : 270 Rama 6 Rd. Phayatai Ratchathewi Bangkok 10400

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**Sponsor**

Source(s) of Monetary or Material Supports : Faculty of Medicine, Ramathibodi hospital  
Study Primary Sponsor : Faculty of Medicine, Ramathibodi hospital  
Responsible Party : Name/Official Title : Peeraya Ruthiraphong  
Organization : Physical Medicine and Rehabilitation, Ramathibodi hospital  
Phone : 66617265726 Ext. No Data  
Email : peeraya.rut@mahidol.edu  
Study Secondary Sponsor : No Study Secondary Sponsor

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**Protocol Synopsis**

Protocol Synopsis : To study efficacy of visula cue laser in people with Parkinson and Parkinsonism.

**URL not available**

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**Health Conditions**

Health Condition(s) or Problem(s) Studied : Parkinson Parkinsonism Freezing of gait Visual cue Falling  
Keywords : Parkinson Parkinsonism Shuffling gait Falling

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**Eligibility**

Inclusion Criteria : 1. Parkinson or Parkinsonism patients  
2. Aged 18-90 years.  
3. Hoehn & Yahr stage 1-4  
4. able to walk at least 16 meters  
5. no medical adjustment at least 3 months

Gender : Both  
Age Limit : Minimum : 18 Years Maximum : 90 Years

Exclusion Criteria : 1. Unable to see the laser line projection on the floor  
2. Other neurological disorders  
3. Unable to communicate well.  
4. Unable to use the device  
5. Deny or reject from the study.

Accept Healthy Volunteers : No

## Status

Overall Recruitment Status : Completed

Key Trial Dates Study Start Date (First enrollment) : 15 June 2020 Indicate Type : Actual  
Completion Date (Last subject, Last visit) : 01 October 2020 Indicate Type : Actual  
Study Completion Date : 01 October 2020 Indicate Type : Actual

## Design

Study Type : Interventional  
Primary Purpose : Device Feasibility  
Study Phase : Phase 2  
Intervention Model : Crossover  
Number of Arms : 2  
Masking : Open Label  
Allocation : Randomized  
Control : No treatment / Standard of care  
Study Endpoint Classification : Efficacy Study  
Sample size  
Planned sample size : 10  
Actual sample size at study completion : 10  
Intervention Arm 1  
Intervention name : Ankle-bracelet laser  
Intervention Type : Active Comparator  
Intervention Classification : Device  
Intervention Description : Ankle bracelet laser with laser-on  
Intervention Arm 2  
Intervention name : laser-off  
Intervention Type : Sham Comparator  
Intervention Classification : Device  
Intervention Description : Ankle bracelet with laser-off

## Outcome

### Primary Outcome

1. Outcome Name : Gait speed  
Metric / Method of measurement : meter/second  
Time point : immediate

### Secondary Outcome

1. Outcome Name : Timed Up and Go test  
Metric / Method of measurement : second  
Time point : immediate  
2. Outcome Name : Step lenght  
Metric / Method of measurement : meter  
Time point : immediate

## Location

#### Section A : Central Contact

Central Contact	First Name : Peeraya	Middle Name :	Last Name : Ruthiraphong
	Degree : MD	Phone : 66617265726 Ext. : No Data	Email : peeraya.rut@mahidol.edu
Central Contact Backup	First Name : thitiya	Middle Name :	Lastname : hupako
	Degree :	Phone : 66022012717 Ext. : No Data	Email : kwang.kwang999@gmail.com

#### Section B Facility Information and Contact

1. Site Name : Thitiya Hupako

City : Bangkok

Country : Thailand

State/Province : Bangkok

Recruitment Status : Completed

Postal Code : 10400

**Facility Contact** First Name : Peeraya

Degree : MD

Middle Name :

Phone : 022011154 Ext. : No Data

Last Name : Ruthiraphong

Email : peeraya.rut@mahidol.edu

**Facility Contact Backup** First Name : thitiya

Degree :

Middle Name :

Phone : 66022012717 Ext. : No Data

Last Name : hupako

Email :  
kwang.kwang999@gmail.com

**Investigator Name** First Name : Peeraya

Degree : MD

Middle Name :

Role : Principal Investigator

Last Name : Ruthiraphong

#### Section C : Contact for Public Queries (Responsible Person)

First Name : Peeraya

Degree : MD

Middle Name :

Phone : 022011154 Ext. : No Data

Last Name : Ruthiraphong

Email : peeraya.rut@mahidol.edu

Postal Address : Physical medicine and rehabilitation department, Ramathibodi Hospital 270 Rama 6 rd, Rajthevi

State/Province : Bangkok

Postal Code : 10400

Country : Thailand

Official Role : Study Principal Investigator

Organization Affiliation : Ramathibodi Hospital, Mahidol University

#### Section D : Contact for Scientific Queries (Responsible Person)

First Name : Peeraya

Degree : MD

Middle Name :

Phone : 66617265726 Ext. : No Data

Last Name : Ruthiraphong

Email : peeraya.rut@mahidol.edu

Postal Address : Physical medicine and rehabilitation department, Ramathibodi Hospital 270 Rama 6 rd, Rajthevi

State/Province : bangkok

Postal Code : 10400

Country : Thailand

Official Role : Study Principal Investigator

Organization Affiliation : Ramathibodi Hospital, Mahidol University

#### Summary Results

Date of posting of results summaries : 25 September 2021

Date of first journal publication of results : Not yet published

**Baseline Characteristics :** Parkinsonism patients were recruited from Physical Medicine and Rehabilitation outpatient clinic in Ramathibodi hospital. The inclusion criteria were 1. Parkinson or Parkinsonism patients. 2. Aged 18-90 years. 3. Hoehn & Yahr stage 1-4 4. able to walk at least 16 meters 5. no medical adjustment at least 3 months The exclusion criteria were 1. Unable to see the laser line projection on the floor 2. Other neurological disorders 3. Cannot communicate well. 4. Unable to use the device 5. Deny or reject from the study. The study was approved by the Human Research Ethics Committee, Faculty of Medicine Ramathibodi Hospital, Mahidol University. All participants gave written informed consent according to the declaration of Helsinki before entering the study.

**Participant Flow :** The participants were informed about the objective and procedure of the study, and then signed the informed consent before starting the trials. Each participant would be randomized by a sealed envelope and allocated into 2 groups, walking with laser-off first, and walking with laser-on first. There was 10-minute washout period between each group. Each participant walked at 10 meters twice and take a break for a few minutes or as the patient felt ready before continuing the Timed Up and Go (TUG) test twice. The gait speed was analyzed using the distance of 6 meters in the middle of the total 10-meter. Video recording during walking was used by two experienced physiatrists to analyze the stride length. To use the device properly, participants received at least 5 minutes to get familiar with the toolkit and adjust the distance of the laser line projecting in front of the foot at their preference, i.e., stride length or visual sight. Before beginning the first trial, each participant would step both feet 10 times alternately for warming up. One of the examiners followed the participants to prevent falls during all testing.

**Adverse events :** There were no adverse effects while using the device, such as dizziness while looking at the laser line or blurred vision.

**Outcome Measures :** The results showed favorable results of improvement in all parameters. Gait speed and stride length

improved by 0.07 m/s and 0.17 m, respectively, with laser-on. The TUG test duration was reduced by 7.69 s. The locomotor rehabilitation index (LRI) improved by 4.46%. When using the device, there were no adverse effects, such as dizziness or blurred vision.

**Brief Summary of Results :** The ankle bracelet laser improved walking performance in parkinsonism patients with FOG immediately and might have the potential to provide cueing during daily life.

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#### **Deidentified Individual Participant-level Data Sharing**

Plan to share IPD : Yes

Plan description : IPD and documents will be available for sharing 1 year after publication for a period of 2 years. Access to the IPD and documents will be open on the IPDShare website with registration. The information will be freely available and can be used for any purpose. There will not be any review process or no Data Use Agreement will be necessary.

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#### **Publication from this study**

MEDLINE Identifier : No Data

URL link to full text publication : No Data

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